

Spring 2011



ThinkBuildLive Success™

Student Survival Guide

Egg Harbor, New Jersey



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Egg Harbor and Atlantic County

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EGG HARBOR RESOURCES

Disclaimer: The material contained in the *TBLS Student Survival Guide* has been prepared for convenience of reference only. We will make every effort possible to keep this information accurate and up-to-date. This guide is also not intended to give professional or any other kind of advice.

Egg Harbor Hotlines & Emergency Numbers

Addiction Hotline	800-238-2333
Alcoholics Anonymous	609-641-8855
Cape Counseling Services	609-465-5999
Child Abuse Hotline	877-652-2873
Child Care Hotline	800-332-9227
Children's Home Society of New Jersey	609-695-6274
Division of Youth & Family Services	800-331-3937
Children's Mobile Response	877-652-7624
Child Support Hotline	800-655-4371
Covenant House	800-999-9999
Domestic Violence	800-572-7233
Family Help Line	800-THE-KIDS
Gambling Addiction	800-426-2537
The Gay & Lesbian National Hotline	888-843-4564
Juvenile/Family Crisis Center	609-645-5862
Kinship Navigator Program	877-816-3211
National Runaway Hotline	800-621-4000
National Sexually Transmitted Diseases Helpline	800-227-8922
NJ AIDS Hotline	800-624-2377
NJ Drug Hotline	800-894-4357
NJ Eating Disorder Helpline	800-624-2268
NJ Homeland Security Tipline	877-472-3365
NJ Poison Control Center	800-POISON-1
NJ Quitline (stop smoking)	866-657-8677
Psychiatric Intervention Program	609-344-1118
Pregnancy Hotline	800-238-4269
Safe Haven for Infants	877-839-2339
South Jersey AIDS Alliance	800-281-2437
Teen Pregnancy Hotline	800-843-5437
Youth Crisis Hotline	800-HIT-HOME

Egg Harbor Educational Resources

Adult Education

Atlantic City Adult High School

1400 Albany Ave

Atlantic City, NJ 08401

Phone: (609) 343-7300 Ext. 223

Offers low and no cost Adult Basic Education, ESL, Computer Literacy, GED Test Preparation.

Literacy Volunteers Association Cape - Atlantic

743 North Main St

Pleasantville, NJ 08232

Phone: (609) 383-3377

www.lvacapeatlantic.com

Literacy Volunteers Association Cape-Atlantic teaches people how to read, and also offers an English as a Second Language (ESL) program. LVA offers tutors to help with reading, writing, comprehension and spelling as well as job preparedness and survival skills training at no cost to adult students.

Hispanic Alliance of Atlantic County

102 North Chelsea Ave

Atlantic City, NJ, United States

Phone: (609)-345-2772

www.haac.org

HAAC fosters artistic, cultural and educational community through various classes, workshops, programs and events as well as provides resources and referrals for community development.

Pleasantville Adult Basic Skills

Pleasantville Middle School, 601 Mill Rd

Pleasantville, NJ 08232

Room 105A

Phone: (609) 383-6878 Ext. 2360

Adult Basic Education, GED Test Preparation, Computer Literacy/Citizenship Classes, ESL.

Atlantic and Cape May One Stop Career Center

2 South Main St

Pleasantville, NJ 08232, United States

Phone: (609) 813-3900

www.learntrainwork.com

Services: educational classes, GED Testing, job search activities, free job training opportunities, public assistance and a variety of other services including grants for individuals and youth training for or returning to work. Also, eligible individuals may qualify to take free college courses.

Atlantic City Library

1 North Tennessee Ave

Atlantic City, NJ 08401

Phone: (609) 345-2269 Ext. 3066

www.acfpl.org

Computer Literacy Workshops, ESL- Self Paced Instruction free to library members.

Egg Harbor Practical Resources

TRANSPORTATION

NJ Transit

1 Penn Plaza E

Newark City , NJ 07105

Phone: (800) 772-2222

www.njtransit.com

Public transportation schedules, including AC Rail Line.

NJ Transit Access Link Para-transit

One Penn Plaza East, 7th Floor

Newark, NJ 07105-2246

Phone: (800) 955-2321

Alternative accessible transportation for eligible disabled persons.

Atlantic Intergenerational Transportation

Northfield, NJ 08225

Phone: (609) 645-5910

Transportation assistance for senior citizens and residents with disabilities.

Wheels To Work

Phone: (609) 348-3001 Ext. 2827

Provides free bus transportation to customers who rely on public transportation and live in areas of the County where public transportation is not available.

Atlantic County Rural Transportation Services

Route 9 & Dolphin Ave

Northfield City , NJ 08225

Phone: (609) 645-5910

Provides transportation for senior citizens and the disabled for: dialysis, non-emergency medical, nutrition, shopping assistance, and some recreation opportunities. No fees.

CHILD CARE & YOUTH SERVICES

Boys and Girls Club

215 North Sovereign Ave

Atlantic City, NJ 08401-3612

Phone: (609) 345-0781

www.bgca.org

Big Brothers Big Sisters

519 Shore Rd

Somers Point, NJ

Phone: (609) 653-8250

www.bbbsatlanticcape.org

Boy Scouts of America

6725 Black Horse Pike

Egg Harbor Township, NJ 08234-3904

Phone: (609) 272-6820

www.scouting.org

Girl Scouts of Central & Southern NJ, Inc.

2944 Victoria Ave

Newfield, NJ 08344

Phone: (800) 582-7692

www.girlscouts.org

Child Care Network

201 Shore Rd

Northfield, NJ 08225

Phone: (609) 601-9925

www.childcarenetwork.net

Offers child care resources and referrals to special lottery funded schooling options as well as free, USDA approved food supplements and financial assistance.

Adriatic Day Care

1410 Adriatic Ave
Atlantic City, NJ 08401
Phone: (609) 345-7320

Adriatic Day Care Center provides service to children from ages 2 ½ to 5 ½ years. Children receive maximum opportunities each day, experiencing social, emotional, physical and intellectual growth. Also, a life skills program is offered to parents. Fees are based on income and family size.

Head Start Program

Head Start Administration Offices
1 S. New York Ave., Suite 313
Atlantic City, NJ 08401
Phone: (609) 348-4166

Head Start is a federal program for preschool children from low-income families. Children who attend Head Start receive a variety of educational activities that help them grow mentally, socially, emotionally and physically. They also receive free medical and dental care, have healthy meals and snack and enjoy playing indoors and outdoors in a safe setting. Head Start offers grant funding for quality improvement, cost of living increases, and training and technical assistance. Contact for local school locations. All services are free.

Neighborhood Centers

Pleasantville Day Care Center
119 W. Bayview Ave
Pleasantville, NJ 08232
Phone: (609) 641-5111

Dr. Martin Luther King Complex
Dr. Martin Luther King Blvd
Atlantic City, New Jersey 08401
Phone: (609) 343-7380 ext. 4646

Services: Outreach, Intake, counseling, referral and follow-up youth services, transportation neighborhood coordination, child day care, summer day camps, employment and volunteer projects and inter-agency programming, includes services through Cape Human Resources, Inc.

Atlantic City Teen Center

1400 N Albany Ave
Atlantic City, NJ, 08401
Phone: (609) 345-8336

Services: Afterschool programs, tutoring and homework help, and child care referral services.

Atlantic County Family Centers

3073 English Creek Avenue - Suite 3
Egg Harbor Twp., NJ 08234-9710
Phone: (609) 569-0239

Community based sites which serve children and families. Services: Intake assessment, child care referral, child tutoring, mentoring, recreation, a Juvenile Diversion Program, and teen pregnancy prevention. Additional services: individual and family counseling, substance abuse counseling, consumer credit counseling, and parenting classes. Temporary utility / rental assistance, family planning, employment services, Male Clinic, Community Health Law Project, W.I.C. (Women, infants & Children), dental referrals. Contact for additional locations.

Unified Child Care Services

Child Care Network
PO Box 311
Northfield, NJ 08225
Phone: (609) 646-1180

www.acwc.org
Offers Child Care referral services. If you participated in Work First New Jersey, you may be eligible for extended child care benefits for up to 24 months after you leave welfare.

Pleasantville Day Care

119 W. Bayview Ave
Pleasantville, NJ 08232
Phone: (609) 641-5111

In operation since 1967, day care services are offered to children 2 ½ to 6 years, Monday thru Friday. The day care offers an educational program with certified teachers and nutritious meals. Rates are available upon request.

James L. Usry Day Care Center

1010 Drexel Ave
Atlantic City, NJ 08401
Phone: (609) 572-0440

Provides services to children 6 months to 5 years old. Services: Day Care, subsidized Day Care, Head Start and Early Head Start. No fees for qualified low income families.

Atlantic County Office of Education

6260 Old Harding Highway,
Mays Landing, N.J. 08330-1557
Phone: (609) 625-0004
www.acboe.org

The Office works with the school districts to provide high quality educational programs that are equitable and efficient; that prepare students for employment and citizenship; and that promote students' intellectual, ethical, cultural, emotional and physical growth.

Foster Grandparent Program

1 S. New York Ave., Suite 501
Atlantic City, NJ 08401
Phone: (609) 345-2590

The program recruits and places adults who are ages 60 and over in volunteer stations addressing priority community needs, child care, homelessness, education, teen pregnancy and special education.

Project CHILD FIND

Phone: (800) 322-8174

Project CHILD FIND is a free referral service to assist in the identification of underserved youth with a delay or disability from birth through twenty-one years of age.

Services: Assisting families of children up to age five concerned about their child's development, community services referral.

EMPLOYMENT

Atlantic County Supported Work Program

1227 Drexel Ave
Atlantic City, NJ, 08401
Phone: (609) 343-2284

Offers work experience to people who have been out of the labor market for an extended period of time. Applicants must be currently unemployed, aged 18 and over, drug or alcohol abuser in a treatment program now or in the past six months, ex-offender, on parole or probation, pre-trial defendant, served time in a penal institution in the last six months or a welfare recipient who has received at least one check.

Atlantic County One-Stop Career Center

44 North White Horse Pike
Hammonton, NJ 08037
Phone: (609) 561-8800

Services: Employment search assistance, career counseling, academic improvement and skills training. The Center also provides job seeking skills workshops and computer workstations that allow Internet access to listings of local and statewide job openings. To facilitate a successful job search, computers are also available to create resumes. On-site telephones can be used to place calls to prospective employers.

Home To Work Program

1201 New Rd
Linwood, NJ 08221
Phone: (609) 601-9925

www.acwc.org

Home To Work (HTW) empowers displaced homemakers with the personal support, education and job training necessary to become independent and self-sufficient. Displaced homemakers are women who, after spending several years working in the home, become displaced because of separation, divorce, unemployment, disability or death of spouse or partner.

Atlantic City Rescue Mission

2009 Bacharach Blvd
Atlantic City, NJ, 08401
Phone: (609) 345-5517

www.acrescuemission.org

Offer a 120-day job-training program serving up to 40 men and 10 women at one time. Each person takes part in a job skills training, life skills classes, work therapy and Bible study. Graduates of the program are shown how to write a resume and receive help with searching for housing and obtaining full-time employment with local businesses. No fees.

Goodwill Industries

6701 Black Horse Pike
Egg Harbor Township, NJ 08234
Phone: (609) 569-1112

www.goodwillnj.org

Goodwill is about putting people to work. Services: job training and career services, employment search assistance and job placement. All services are free. Call for additional locations.

Career Opportunity Development, Inc.

901 Atlantic Ave
Egg Harbor City, NJ 08215
Phone: (609) 965-6871

Sheltered employment and placement services for developmentally disabled and ex-offenders.

MEDICAL & DENTAL SERVICES

Atlantic County Public Health Services

201 Shore Rd
Northfield, NJ 08232
Phone: (609) 645-5933

The Atlantic County Division of Public Health conducts risk assessments and educational programs. Services: Free screening, risk assessment and education for breast and cervical cancer through its Women's Health Services at the following locations and times. Childhood Check Ups, Shots, Hearing/Vision Screening - Immunizations and other "well-child" health services are available for children from birth to 18 years of age who have no insurance.

Mobil Medic Health Services

Phone: (800) 486-0131

Two mobile medical vehicles that move around Burlington and Atlantic Counties to provide primary health and dental services to area residents. Services: general primary care for adults and children, health screenings, glucose testing, blood pressure checks, cholesterol screenings, HIV rapid testing, dental screens and emergency dental care. The Mobile Medic travels to senior citizen complexes, schools, and colleges. Call for locations.

Women and Children's Health Pavilion

1125 Atlantic Ave
Atlantic City, New Jersey 08401
Phone: (609) 348-0066

Offers Pediatrics and Well Baby Care, Obstetrics/Gynecology and Family Planning, Health Education, Diabetes Education, and HIV/AIDS Testing. Fees on a sliding scale.

New Jersey Family Care Insurance

Phone: (800) 701-0710

NJ Family Care provides affordable health insurance to children and families whose income level meets the program's criteria.

John Cronin Dental Center

235 Dolphin Ave
Northfield, NJ 08225
Phone: (609) 645-5814

General dentistry for low income families and senior citizens. Diagnostic, preventative, restorative, periodontic, prosthodontics, endodontic, surgical and emergency care procedures are available to patients including children, adolescents, adults, and senior citizens. Medicaid is accepted and a sliding fee schedule is available.

New Jersey Care/Medically Needy

Phone: (609) 348-3001, ext. 2872.

Medical benefits for low income aged and persons with disabilities. This service provides medical benefits to certain New Jersey residents who have incomes that are too high to qualify for the regular Medicaid program but meet the income and asset limits of the program. This office also assists persons applying for the Qualified Medicare Beneficiary (QMB) program.

Dental Services Discount Card

Phone: (877) 354-6226

The Atlantic County Dental Discount Card is designed to help uninsured and underinsured county residents save money on their dental service expenses. Helps residents save on most dental procedures including routine and oral exams, unlimited cleanings, and major work such as dentures, root canals, and crowns. Cosmetic dentistry such as bonding and veneers and orthodontic services are also included.

Access One

730 Shore Rd
Somers Point, NJ 08244
Phone: (609) 927-6662

Provides social services and comprehensive medical care for persons with no insurance who are living with HIV and AIDS. Services include: primary and specialty medical care, laboratory, case management, nutritional counseling, and referrals to other social service agencies.

Southern Jersey Family Medical Center

1301 Atlantic Ave
Atlantic City, NJ 08401
Phone: (609) 572-0000

Provides comprehensive primary health care services as a federally funded community and migrant health center to the medically uninsured and underserved at reduced fees.

Services: Preventive, Restorative, Prosthetic. Oral Surgery, Endodontics, Pedodontics

Atlantic City Division of Health

1301 Bacharach Blvd
Atlantic City, NJ 08401
Phone: (609) 347-6442

Provides health education to the community via presentations to community agencies, community groups and the school system and plan numerous health fairs at various locations throughout the community.

Services: Offers free health screenings for glucose, blood pressure and cholesterol. Referrals are also made to health providers as needed. Health information and literature is disseminated at all events. Conducting a needle exchange pilot program.

First Day Program

312 E. White Horse Pike
Absecon, NJ 08234

Phone: (609) 569-0239 exts 1116, 1113 & 1134.

First Day is a program for individuals who have been hospitalized for emotional problems or are at risk of being hospitalized. The emphasis on treatment is recovery, and to assist individuals in developing skills needed to maintain themselves in the community. Transportation is provided to and from program.

University Dental Center

4 E Jimmie Leeds Rd, Bldg 2
Galloway, NJ 08205
Phone: (609) 652-0501

A dental clinic with a sliding scale fee schedule that also accepts Medicaid.

FINANCIAL ASSISTANCE

County Welfare Office

1333 Atlantic Ave.
Atlantic City, NJ 08401
Phone: (609) 348-3001

Provides a number of assistance programs:

Temporary Assistance for Needy Families

Provides cash assistance to needy families with at least one eligible child meeting certain eligibility criteria. General Assistance (WorkFirst NJ) & Emergency Assistance benefits include, but are not limited to: essential food, clothing, shelter and household furnishings; temporary rental assistance or back rent or mortgage payments; utility payments (such as heat, water, electric); transportation to search for housing; and moving expenses.

Unemployment Benefits If you have been working in a regular job for at least 20 weeks and lose that job - through no fault of your own - you may be eligible for state unemployment benefits. If you are now employed and have been working at least 20 hours per week for at least the past four months, and still receive a partial cash grant, you may be eligible to receive \$200 per month for up to 24 months. Supportive Assistance to Individuals and Families (SAIF) developed to create a safety net for those families and individuals who exhausted their five-year time limit on welfare and do not meet the criteria for an exemption to the time limit.

TANF Initiative for Parents (TIP):

Phone: (609) 345-6420
www.snjpc.org

An opportunity for all Temporary Assistance for Needy Families (TANF) parents with a new baby from birth to age one. Teaches Healthy child development, Good nutrition, Available medical and child care services, Employment services such as resume writing and interviewing assistance, and how to balance work and raise a family.

NJ Helps Services

www.njhelps.org

The NJ Helps Services Home Page is designed to give consumers a “one-stop” shopping resource for the wide range of programs, information and services provided by the Department of Human Services and its partners, to assist individuals, families and communities throughout the State of New Jersey.

American Red Cross

850 N Franklin Ave
Pleasantville, NJ 08232
www.acredcross.org

The American Red Cross - Atlantic/Cumberland Chapter is a volunteer-based, multi-service organization.

Services: Disaster relief, such as emergency assistance of food, clothing, shelter and family services; emergency assistance to military personnel and families; and health services, such as Automated External Defibrillator sales and training, first aid, CPR, caregiver, babysitter and water safety training.

Volunteer Income Tax Assistance

1 S. New York Ave., Suite 501
Atlantic City, NJ 08401
Phone: (609) 348-4131 ext. 250

Offers free tax help to individuals who are age 60 or older. This program provides training and technical assistance to volunteers who provide free tax counseling and assistance to elderly individuals in the preparation of their federal income tax returns.

Salvation Army

22 S Texas Ave
Atlantic City, NJ 08401
Phone: (609) 344-0660

Provides an array of social services: referral to free rehabilitation programs, food pantry, family counseling, Comprehensive Emergency Assistance System (CEAS), and NJ SHARES utility assistance.

After school child care, day camp, and counseling for alcohol and drugs.

FOOD

Women, Infants & Children (WIC) Program

1301 Bacharach Blvd, 1st Floor

Atlantic City, NJ 08401

Phone: (800) 328-3838

New Jersey WIC Services provides supplemental nutritious foods to pregnant, breastfeeding and postpartum women, infants and children up to the age of five. WIC services include nutrition education and counseling, breastfeeding promotion and support, immunization screening and health care referrals.

Department of Family and Community

Atlantic City Office

1333 Atlantic Ave

Atlantic City, NJ 08401

Phone: (609) 348-3001

Apply for food stamps program: a nutrition assistance program to help low-income individuals and families buy the groceries they need for good health.

Community Food Bank of New Jersey

6735 Black Horse Pike

Egg Harbor Twp, NJ 08234

Phone: (609) 383-8843

www.njfoodbank.org/southern-branch/

Services: Food pantry, local food referral services and nutrition education.

Atlantic County Food Pantry Resource Guide

www.njahc.org/atlantic-county-food-pantry.html

Search-able online database of local food pantries.

End Hunger New Jersey

www.endhungernj.org

A service organization that acts as a local food resource and referral agency.

Services: Emergency food referral, nutrition classes, and other social services.

Atlantic City Meals on Wheels

2231 Arctic Ave

Atlantic City, NJ 08401

Phone: (609) 347-5445

This Program packages and delivers 160 meals a day, Monday thru Friday to handicapped and disabled Senior Citizens living in Atlantic City, New Jersey.

Catholic Charities Diocese of Camden

9 N Georgia Ave

Atlantic City, NJ 08401

Phone: (609) 345-3448

www.catholiccharitiescamden.org

Provides information and referral services, food pantry for individuals and families, limited infant equipment/supplies, also assist needy individuals/families by providing assistance with: Fuel, Utility expenses, Emergency housing, Clothing referrals, Essential prescriptions. Holiday gifts and food are provided to help disadvantaged families enjoy the spirit and celebration of the Christmas season.

Friends Of Jean Webster

1013 Pacific Ave

Atlantic City, NJ 08401

Phone: (609) 344-5080

Serve breakfast and lunch to 400-600 guests. No one is turned away.

Grace Assembly Of God Food Pantry

201 Atlantic Ave

Atlantic City, NJ 08401

Phone: (609) 345-2730

Kitchen Door Food Pantry

235 Boston Ave

Egg Harbor City, NJ 08215

Phone: (609) 965-1920

Atlantic Human Resources Food Pantry

119 West Bayview Ave

Pleasantville, NJ 08232

Phone: (609) 641-5111

HOMELESS / TRANSITIONAL SERVICES

Atlantic City Rescue Mission

2009 Bacharach Blvd
Atlantic City, NJ 08401
Phone: (609) 345-5517

www.acrescuemission.org

Services: Meals in our dining hall. Safe shelter for men, women, and single mothers with children, 18-month residential homeless recovery, 120-day Work Readiness Program, Individual and group counseling, Job placement program, in partnership with local businesses, Assistance in finding permanent housing, Classes for our residents in life skills, parenting, GED/Literacy, and Transitional housing.

Youth Shelter

Phone: (609) 645-5899 ext. 4322

The Youth Shelter is a temporary shelter for run-away, homeless and abused adolescents ages 10-17.

Services: Food, shelter, medical treatment, group and individual counseling, supervised recreation, on-site educational program and service referral. *There is always an emphasis on family reunification. Where family reunification is not possible, the child remains at the Shelter pending permanent placement.*

Homelessness Prevention Program

1601 Atlantic Ave # 7
Atlantic City, NJ 08401
Phone: (609) 441-3045
Phone: (609) 345-5517

Social Services for the Homeless (SSH)
SSH can pay for emergency food or a motel or shelter stay for a limited amount of time. It also can provide rental, mortgage, utility, and security deposit assistance. This program, which operates on a 24-hour emergency basis, also includes referral services and limited case management.

Covenant House of New Jersey

929 Atlantic Ave
Atlantic City, NJ 08401-7401
Phone: (609) 348-4070
www.covenanthousenj.org

Acts as a homeless shelter to young men, women, and families.

Services: Provides premiere comprehensive medical care free of charge to every young person we serve. With a full-time Pediatric Nurse Practitioner on staff, we are able to give them the care they need. Offers Substance Abuse Coordinators to help youth overcome their addictions on an out-patient basis on site. Offer attorneys to represent our young people in civil legal matters, including immigration, housing, public benefits, and are advocates for our youth in the criminal justice system. Provides short-term mental health counseling and connect patients to ongoing services in the community.

The Women's Center

1201 New Rd. Suite 240
Linwood, NJ 08221
Phone: (609)-601-9925

Serves homeless women and women in need of a safe place.

Services/Programs: Violence Intervention Program works to reduce the physical, psychological and emotional trauma and recurrence of domestic violence, sexual assault and incest experienced by victims and their families. All VIP services are provided at no cost. Child Care Network is a Child Care Resource and Referral Agency, promotes and enhances existing child care services. Peace: A Learned Solution is a therapeutic program for children and their families who have experienced or witnessed domestic violence. The WomenSource Training Institute serves as an "umbrella" program to combine and coordinate all of the agency's educational opportunities, as well as offer new, creative and innovative curriculums.

HOUSING / HOUSING COUNSELING

Atlantic County Improvement Authority

5909 Main St

2nd Floor, Room 202

Mays Landing, NJ 08330

Phone: (609) 645-5838

Services/Programs: Atlantic County Housing Rehabilitation Program offers Interest-free deferred loans up to \$20,000 for low income homeowners and grant-loan programs for very low income homeowners to perform basic housing rehabilitation, including plumbing, heating, electric, roof, windows, doors, insulation and exterior repairs and painting. Atlantic County Home Buyers Program offers First-time homebuyer assistance, including down payment and closing costs up to \$20,000, for families with incomes below 80% of median income for home purchases under \$200,000.

Housing Assistance Program

Dr. Martin Luther King Blvd

Atlantic City, NJ 08401

Phone: (609) 343-7380 ext. 4646

Customers who are income eligible and are rent burdened will receive temporary rental subsidies for a period of twelve months.

Mizpah Inland Human Services

6916 Sewell Ave

Mizpah, NJ 08342

Phone: (609) 476-2002

www.mizpahinlandhumanservices.org/

An intergenerational, multi-service agency providing social services.

Services: Home Energy Assistance (HEAP) applications, housing counseling, companionship community outreach, HIV/AIDS outreach, emergency food and shelter, CEAS, FEMA, a summer camp program for children, computer classes, and recreation for youth and adults.

Income Home Energy Assistant Programs

119 W. Bayview Ave

Pleasantville, NJ 08232

Phone: (609) 641-5111

Low-Income Energy Conservation Program. This program provides financial assistance to meet heating and cooling costs.

Community Quest

6814 Tilton Rd

Egg Harbor Township, NJ, 08234

Phone: (609) 646-0388

www.cqinc.org/index.html

Services: To positively affect the quality of life for low income individuals and families in New Jersey and neighboring communities by providing innovative housing and employment.

Pleasantville Housing Authority

156 N Main St

Pleasantville, NJ, 08232

Phone: (609) 646-3023

www.pleasantvilleha.org

Provides public housing for low income families, senior citizens and persons with disabilities.

LOW-INCOME LEGAL SERVICES

South Jersey Legal Services

745 Market Street

Camden, NJ 08102

Phone: (856) 451-0003

SJLS is a non-profit organization created to provide quality legal representation and advocacy to low-income individuals. We seek to empower low-income individuals to access the judicial system so they will achieve the greatest possible measure of substantive, procedural and economic justice. Attorneys are matched with cases in their area of specialty for direct client representation and advice, training/mentoring of other attorneys or participation in a clinic setting.

PERSONAL RESOURCES

Egg Harbor Personal Resources

COUNSELING AND MENTAL HEALTH

The Mental Health Association of New Jersey

1127 North New Rd
Absecon, NJ 08201-9303
Phone: (609) 272-1700
www.mhanj.org

The Mental Health Association in New Jersey strives for mental health for children and adults through advocacy, education and training. Services: individual, direct advocacy and peer counseling to adults with mental illness. Offer programs to help cope with a family member's mental illness. Offers a peer-run service providing ongoing telephone support to mental health patients as they work towards recovery as well as a variety of self-help support groups which are organized and managed by persons in recovery from mental illness.

Oakcrest Teen Center

1824 Dr. Dennis Foreman Dr
Mays Landing, NJ 08330
Phone: (609) 909-2677
www.oakcrestteencenter.org

The Oakcrest Teen Center is dedicated to providing comprehensive social service programs, mental health counseling, and recreation programs to the students at Oakcrest High School. All of our services are free and open to all students.

New Knowledge Community Outreach

7076 Market St
Mizpah, NJ 08342
Phone: (609) 476-3542

Services: Family counseling, a mentoring program for referrals from the Juvenile Justice Commission. a food pantry, tutoring programs, after-school activities, sports and other activities for youth.

Atlantic County Mental Health Centers

Atlanticare Behavioral Health
2511 Fire Road - Unit B10
Egg Harbor Twp., NJ 08234
Phone: (609) 646-9159

Family Services Association
3073 English Creek Ave
Egg Harbor Twp., NJ 08234
Phone: (609) 569-0239

Centers provide mental health, substance abuse counseling and psychiatry services for individuals, couples and families. Treatment is provided by licensed clinicians and board certified psychiatrists. Services: Individual, group and family counseling, psychiatry services, substance abuse services, counseling for victims of domestic violence, sexual abuse and violent crimes. Group counseling for adults with a severe and persistent mental illness, adult substance abusers, individuals seeking to maintain satisfying relationships, adolescents to develop problem solving skills, a Men's Anger Management Group, and substance abuse treatment for teens.

New Jersey Self-Help Group Clearinghouse

www.njgroups.org
Find any local support group.

The Alcove Center for Grieving Children & Families

950 Tilton Rd, Suite 108
Northfield, NJ 08225
Phone: (609) 484-1133
www.thealcove.org

The Alcove's mission is to provide a safe place where children and their families who are grieving the death of a loved one can receive comfort and support through the healing process.

Cape Counseling Services

128 Crest Haven Rd
Cape May City, NJ 08210
Phone: (609) 465-4100

Provides an array of services and programs tailored to the needs of the client. Services include: individual, couples, and family counseling, outpatient and in-home mental health therapy, and substance abuse counseling.

PARENTING SERVICES

Planned Parenthood

2922 Atlantic Ave
Atlantic City, NJ 08401
Phone: (609) 437-2020

Provides parenting services and Medical services including: routine gynecological care; family planning; birth control; emergency contraception; pregnancy testing and options; prenatal care; abortion services; adoption referrals; screening and treatment of sexually transmitted infections (STI or STD); cancer screening; HIV testing and options.

Atlantic Project Teach

2352 Tilton Rd
Egg Harbor Twp, NJ 08234
Phone: (609) 645-6548

Provides parenting skills and other services to teen mothers and pregnant women 18 years of age and under who are at risk of or have dropped out of school. Services: in-class alternative education, nursery, breakfast and lunch, and transportation to and from physician appointments.

Child Federation of Atlantic County

18 Martin Luther King Jr Ave
Pleasantville, NJ 08232
Phone: (609) 272-1711

Services include: parenting information and workshop referral, child health conferences, well child care, nursing outreach and father parenting.

Jewish Family Service of Atlantic County

607 N. Jerome Ave
Margate, NJ 08402
Phone: (609) 822-1108
www.jfsatlantic.org

Jewish Family Service of Atlantic & Cape May Counties is a multi-service family counseling agency dedicated to promoting, strengthening and preserving individual, family, and community well-being in a manner consistent with Jewish philosophy and values. Services: child care, parenting, counseling and mental health services and resources.

Dove in Hand

929 Atlantic Ave
Atlantic City, NJ, 08401
Phone: (609) 348-4070
www.covenanthouenj.org

A six week parenting program for parents or parents-to-be ages 16 - 21. Includes parenting groups, skills, workshops, and recreation aimed at providing a safe, caring environment that enhances self-esteem and gives parents tools to become more nurturing and proactive.

Hammonton Family Community Center

310 Bellevue Ave
Hammonton Town , NJ 08037
Phone: (609) 567-2900

The Center offers the following services: Divorce/ Separation Support Group, Family Planning, English as a Second Language, Computer Classes, Recreation, Alleviate Juvenile Arrest Rate Program, Comprehensive Emergency Assistance System Application, Home Energy Assistance, Food Referrals, Stress Management, Bullying Program, pregnancy prevention, Mental Health and Housing services.

Even Start Family Literacy Program

200 N Texas Ave
Atlantic City, NJ, 08401
Phone: (609) 344-6952

Provides an integration of early childhood education, adult literacy, adult basic education, and parenting education into a unified family literacy program. A free program for families with children seven years and younger.

DRUG, ALCOHOL AND DOMESTIC ABUSE

National Clearinghouse for Alcohol and Drug Information (NCADI)

Phone: (800) 729-6686

NCADI is a national, 24 hour, 7-day-a-week resource for information about substance abuse prevention and treatment. NCADI distributes the latest studies and surveys, guides, videocassettes and other types of information and materials on substance abuse from various agencies, such as the U.S. Departments of Education and Labor, the Center for Substance Abuse Prevention, the Center for Substance Abuse Treatment, the National Institute on Alcohol Abuse and Alcoholism, and the National Institute on Drug Abuse. Information specialists are available to recommend appropriate services and information in Spanish and English.

Lighthouse at Mays Landing

5034 Atlantic Ave
Mays Landing, NJ 08330
Phone: (800) 852-8851

www.lighthouseatmayslanding.com

A 60 bed residential drug and alcohol treatment center offering a full continuum of services.

John Brooks Recovery Center

20 S. Tennessee Ave
Atlantic City, NJ 08401
Phone: (609) 345-8615

www.jbrcnj.org

Services: individual and group counseling, 12-step meetings, primary health care and support.

Intensive Outpatient Substance Abuse Services

1416 North Main St
Pleasantville, NJ 08232
Phone: (609) 272-0101

www.atlprev.org

Supervised, structured programs that offer a wide range of outpatient services: individual and group counseling, 12-step meetings, social and recreational activities, educational and vocational services, life skills training, primary health care, relapse prevention services, a continuing care program and supportive services (such as child care, transportation and parenting skills development). Fees on a sliding scale.

Crossroads Partial Care Program

205 W Parkway Dr
Egg Harbor Twp., NJ 08234
Phone: (877) 645-2502

Adult day treatment program for individuals with health, substance abuse and behavioral issues. Services: One-on-one counseling, group therapy, door-to-door van transportation to individuals who live in Atlantic County, Breakfast, choice of hot catered lunches and snacks are provided. Fees on a sliding scale.

New Vision Program

1925 Pacific Ave
Atlantic City, NJ 08401
Phone: (609) 441-8976

New Vision is an inpatient emergency medical/stabilization service for adults with drug, alcohol and related issues. The service accepts appropriate adults, who are currently using illicit substances/alcohol, or experiencing acute withdrawal symptoms from certain drugs. The stabilization consists of a medically supervised hospital stay for inpatient stabilization that typically lasts three days. Services: Crisis Intervention, Assessment, Referral, Medical Management and recovery services. Accepts medicaid, fees on a sliding scale.

Alcoholics Anonymous - Spanish Speaking

326 Bellevue Ave

Hammonton, NJ 08037

Phone: (609) 561-0168

Support group for those suffering from alcoholism.

Narcotics Anonymous

PO Box 7386

Atlantic City, NJ 08404

www.nanj.org

(800) 992-0401

Fellowship of recovering drug abusers meeting to help each other “stay clean” of drugs, through mutual sharing and support. Follows the 12-step program adopted from AA. Open and closed meetings are available at different locations and times. This is a national organization. No fees.

South Shore Ministries

1333 New Rd

Plaza 9, Suite 10

Northfield, NJ 08225

Phone: (609) 646-6786

www.spiritualrenewal.com

Provides counseling, spiritual guidance and other human services.

Services: Domestic abuse counseling, violence prevention programs, Household items, food pantry, clothing, and furniture are sold at reasonable prices in their thrift stores.

Cumberland County Women's Center

PO Box 921

Vineland, NJ 08362

(856) 691-3713

Services: 24 hour hotline, crisis counseling, supportive counseling, court accompaniment, protective shelter for victims and their accompanying children, individual & group counseling for both shelter and non-shelter clients. The ACT (Abuse Ceases Today) component of the domestic violence program provides counseling to enable batterers to learn how to control anger and violent behavior.

Volunteer Opportunities

Habitat for Humanity

*Phone: (609) 978-9984
668 West Main St. (Route 9)
West Creek, NJ 08092
www.hfhsoc.org*

A nonprofit organization that seeks to eliminate poverty housing and homelessness from the world, and to make decent shelter a matter of conscience and action. There are many ways to get involved: Individual Construction Volunteers, Volunteer Groups, help with donation pickups, organizing, cleaning, staffing and selling at our Restore or become a committee or office volunteer.

Community FoodBank of New Jersey

*Phone: (609) 383-8843
6725 Black Horse Pike
Egg Harbor, NJ 08234
www.njfoodbank.org*

The Community FoodBank of New Jersey provides a meaningful volunteer experience in a positive, safe environment that is perfect for individuals, families, and groups of almost any size. Volunteers can help by: Sorting and repacking food for distribution to more than 900,000 low-income people in New Jersey, sorting and assembling outfits for individual children in our Kids Division, preparing our bulk mailings, and collecting food and turkeys at community food drives.

Meals On Wheels

*Phone: (609) 965-1457
341 Cincinnati Ave
Egg Harbor City, NJ 08215
www.mealsonwheelsde.org*

Part of a nationwide program that provides hot, nutritious meals to homebound senior citizens. Last year, Meals On Wheels Delaware agencies and their volunteers delivered almost 600,000 hot meals and warm smiles to seniors statewide. Sign up to volunteer and become one of the many people who help deliver meals to senior citizens daily.

United Way of Atlantic County

*4 E. Jimmie Leeds Rd
Galloway, NJ 08205
Phone: (606) 404-4483 ext. 20
www.unitedwayac.org/Volunteer.php*

Assist with various community tasks, with the goal of creating safer homes and neighborhoods, increasing community health, supporting basic needs and independence, increasing mental wellness, and reducing substance abuse.

Smoking Cessation

Associates for Life Enhancement

505 New Rd., PO Box 83

Northfield, NJ 08225

Phone: (609) 569-1144

www.eapale.com

Aim to help clients refocus positive energies quickly so they can get on with their lives in the best, most constructive way. Reshaping, gaining awareness, healing and moving on; these embody the philosophy of the organization's services.

American Lung Association of the Mid-Atlantic

1600 Route 22 E.

Union, NJ 07083

Phone: (908) 687-9340

www.alanewjersey.org

Aims to conquer lung disease through many efforts, including education and community service. To further the goal of promoting lung health and preventing lung disease, the organization offers a variety of programs to teach children and adults how to keep their lungs healthy.

Shore Memorial Hospital Smoking Cessation Group

Ocean Heights Ave. and Zion Rd.

Egg Harbor Township, NJ 08234

Phone: (609) 927-8069

www.shorememorial.org

Offers counseling with trained tobacco dependence treatment specialists. You'll receive updated information on nicotine replacement therapies, which are available at a discounted price.

Recreational Resources

Storybook Land

6415 Black Horse Pike
Egg Harbor, NJ 08234
Phone: (609) 641-7847
www.storybookland.com

For over 50 years, Storybook Land has been keeping the spirit of childhood alive in an entertaining and educational atmosphere. They invite guests to relive their childhood while introducing the innocent themes of wonderment to an entire new generation, as your family literally walks through its all-time favorite stories and nursery rhymes at Storybook Land. Children's classics are interspersed with exciting new family rides and attractions in a remarkably clean and enjoyable park setting.

Roundhouse Museum

535 London Ave
Egg Harbor City, NJ 08215
Phone: (609) 965-4677
www.museumsusa.org/museums/info/16645

The museum collects and preserves items related to the city's German heritage, from records and newspapers, items manufactured in the area, photographs and genealogy records, etc. Several permanent exhibits on the wine, boat and clothing industries as well as revolving displays of current interest.

Egg Harbor Lake Campground

2400 Philadelphia Ave
Egg Harbor City, NJ 08215
Phone: (609) 965-0330
<http://eggharborlake.com>

The campground is a place to swim, camp, canoe, fish, golf or just relax. Enjoy the peaceful settings of the New Jersey Pine Barrens or head out to the fine restaurants, stores, shopping, recreation or the Atlantic City nightlife, all of which are just a short drive from the campground.

Strike Zone Lanes

1400 White Horse Pike
Egg Harbor City, NJ 08215
Phone: (609) 965-2299
www.strikezonelanesonline.com/default.asp

Strike Zone Lanes offers 18 high quality lanes with state of the art automatic scoring for family, friends, and league bowling. They are BPAA members, offering a Pro Shop, bar and lounge with pool tables, Primo Pizza, and they are a fun place to have corporate and birthday parties.

Historic Smithville & Village Green

1 N. New York Rd
Smithville, NJ 08205
Phone: (609) 748-6160
www.smithvillenj.com

The Historic Smithville & Village Greene is a wonderful place to visit with its more than 60 shops and restaurants in late 18th century buildings arranged along cobblestone streets and boardwalks. From shops specializing in British, Irish and Italian imports to gift shops filled with lace, collectables, Christmas ornaments and hand-made glass art, this little village is visited year round by anyone interested in browsing for or buying the unusual and one-of-a-kind.



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