

Spring 2011



ThinkBuildLive Success™

Student Survival Guide

Tampa, Florida

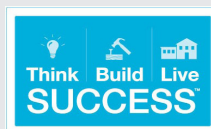


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TAMPA RESOURCES

Disclaimer: The material contained in the *TBLS Student Survival Guide* has been prepared for convenience of reference only. We will make every effort possible to keep this information accurate and up-to-date. This guide is also not intended to give professional or any other kind of advice.

Tampa Educational Resources

LOCAL

Adult & Community Education

5103 N. 40 St.

Tampa, FL 33610

Phone: (813) 740-7750

Phone: (813) 276-5654

Hispanic Services Council

1502 W. Busch Blvd., Ste. J

Tampa, FL 33612

Phone: (813) 936-7700

www.hispanicservicescouncil.org

Sylvia Kimbell Full Service

School Parent Resource Center

2100 E. 26th Ave.

Tampa, FL 33605

Phone: (813) 272-0673

Kimbell provides referrals for tutoring, school liaison services, parent education, truancy prevention and Summer Youth Employment counseling.

Local Computer Training Classes

Visit your local library for a free library card.

Your library card will allow you free access to books by mail, supplemental learning, computer classes, videos and reading material.

ESL- English as a Second Language

Gaither High School

16200 N. Dale

Mabry Highway

Tampa, FL 33618

Phone: (813) 975-7340

Call Gaither High School Adult Education Center for a schedule and details.

Phone-Friend Program

Phone: (813) 681-6543

Students can call for assistance with homework and personal issues or to hear recorded stories and jokes.

Tampa Practical Resources

TRANSPORTATION

AUTOMOTIVE REPAIR

Phone: (813)231-1800 Ext.1321

Open when school is in session

8:00a.m.-2:00p.m.

Erwin Technical Center

2010 East Hillsborough Ave.

Tampa, Fl. 33610

BAY AREA COMMUTER SERVICES

(813) 282-8200

HARTLINE Bus Service Hillsborough Area Regional Transit Authority

4305 E. 21st Ave.

Tampa, FL 33605

Information Line: (813) 254-4278

TDD: (813) 626-9158

MEDICAL TRANSPORTATION-MMG

(813)253-3618

Specialized Transportation/Sunshine Line

4023 Armenia Ave., Ste 300

Tampa, FL 33607

Phone: (813) 272-7272

TDD: (813) 276-2628

Specialized Transportation offers door-to-door transportation and bus passes for elderly, low-income and disabled persons, including Medicaid and Hillsborough Health Care clients who do not have or cannot afford their own transportation. Fees are charged for services based on funding source.

TransCare Ambulance Services

One Crisis Center Plaza

Tampa, FL 33613

Phone: (813) 964-1594

TransCare Medical Transportation provides primary 9-1-1 Basic Life Support (BLS) services in the City of Tampa, secondary BLS services in Hillsborough County, countywide psychiatric transports to/from all area hospitals, transportation to state psychiatric facilities, stretcher service and stand-by service for special events.

Wheels of Success

9309 N. Florida Ave., Ste. 109

Tampa, FL 33612

Phone: (813) 490-9443

www.wheelsofsuccess.org

Wheels of Success obtains vehicles through purchase or donation and restores them to good running condition through the support of partners in the automotive industry. They provide dependable transportation by car, truck or van, and assistance with automotive repairs, preventative maintenance and care classes for families who have transportation, but cannot afford repairs and maintenance.

Tampa Bay Area Regional Transit Authority (TBARTA)

1-800-998-7433

Provides emergency transportation from work to home ONLY.

Services Hillsborough, Pasco & Pinellas Counties

CHILD CARE & YOUTH SERVICES

Big Brothers & Big Sisters

711 S. Dale Mabry Highway, Ste. 300

Tampa, FL 33609

Phone: (813) 287-2210

www.bbbsfl.org

Boy Scouts, Gulf Ridge Council

13228 N. Central Ave.

Tampa, FL 33612

Phone: (813) 872-2691

www.boyscouting.com

Boys & Girls Club

1307 N. MacDill Ave.

Tampa, FL 33607

Phone: (813) 875-5771

www.bgctampa.org

Boys & Girls offers childcare for children ages 5-18.

Brighter Community

1613 N. Marion St.

Tampa, FL 33602

Phone: (813) 223-6830

www.abrightercommunity.org

Brighter Community offers childcare for pre-school children of working parents or parents who are enrolled in job training programs.

CHILD&FAMILY COUNSELING

Phone: (813) 264-3807

Childcare Resource & Referral

5701 E. Hillsborough Ave., Ste. 301

Tampa, FL 33610

Phone: (813) 744-8942

Childcare assists with customized referral services and provides a list of resources and childcare providers in your area. They request financial information, as well as a zip code.

Cornerstone Family Ministries

2801 N. 17th St.

Tampa, FL 33605

www.cornerstoneministries.org

Phone: (813) 248-6259

Cornerstone Family offers assistance with childcare resources based on income.

**Early Childhood Learning Programs
(School District)**

Phone: (813) 744-8941

**Head Start/Early Head Start
(Hillsborough County)**

3639 W. Waters Ave., Ste. 500

Tampa, FL 33614

Phone: (813) 272-5140

www.hillsboroughcounty.org/headstart

Head Start and Early Head Start are early childhood programs for low-income parents of children prenatal to age 4, including those with special needs. They provide education, healthcare, parent involvement and social services.

Healthy Start

2806 N. Armenia Ave., Ste. 100

Tampa, FL 33607

Phone: (813) 233-2800

www.healthystartcoalition.org

**Hillsborough County Child and Family Counseling
Services**

Phone: (813) 264-3807 Ext. 172

Hillsborough County Parks and Recreation

1101 E. River Cove St.

Tampa, FL 33604

Phone: (813) 975-2160

www.hillsboroughcounty.org/parks

Hillsborough County Public School Board

901 E. Kennedy Blvd.

Tampa, FL 33602

Phone: (813) 272-4000

www.sdhc.k12.fl.us

Hillsborough County Public Schools Head Start

Phone: (813) 740-7870

Latchkey After School Care (YMCA)

110 Oak Ave.

Tampa, FL 33602

Phone: (813) 223-2895

www.tampaymca.org/youthservices

MISSING CHILDREN INFORMATION

Phone: 1-888-356-4774

PACE Center for Girls

Phone: (813) 739-8941 Ext. 428

EMPLOYMENT

Center for Women

305 S. Hyde Park Ave.

Tampa, FL 33606

Phone: (813) 251-8437

www.centerforwomen.com

The Center assists women in job placement and skills assessment.

Career Resource Center of Tampa

2631 E. Lake Ave.

Tampa, FL 33610

Phone: (813) 248-9738

www.cdcoftampa.org

City of Tampa Employment Services

306 E Jackson St.

Tampa, FL 33602

Phone: (813) 274-8911

www.tampafl.gov

Employment Opportunity Program

Phone: (813) 272-5074

Goodwill Industries, Inc.

Phone: (888) 279-1988

www.goodwill-suncoast.org

Goodwill offers employment assistance for persons with disabilities, criminal records and the homeless.

Hillsborough County Civil Service Job

Phone: (813) 272-6975

www.hillsboroughcounty.org

News line recordings.

James A. Haley Veterans Hospital

HR - (813) 972-2000, Ext. 7524

www.tampa.va.gov/careers

Tampa Bay Workforce Alliance

9215 N. Florida Ave, Ste. 108

Tampa, FL 33612

Phone: (813) 930-7675

www.workforcetampa.com

Tampa Bay offers job placement, skills assessment, childcare vouchers and financial assistance for school and gas.

Vocational Rehabilitation Division

1313 N. Tampa St.

Tampa, FL 33602

Phone: (813) 233-3600

Experience Works Program

9215 N. Florida Ave.

Tampa, FL 33612

Phone: (813) 930-7400

Experience Works provides assistance in finding jobs for enrolled students, grades 7-10.

TAMPA EMPLOYMENT SERVICE CENTER

Phone: (813) 930-7639

Center for Women

305 S. Hyde Park Ave,

Tampa, FL 33606

Phone: (813) 251 - 8437

www.centerforwomen.com

The Center assists women in job placement and skills assessment.

Goodwill Industries, Inc.

Phone: (888) 279-1988

www.goodwill-suncoast.org

Goodwill offers employment assistance for persons with disabilities, criminal records and the homeless.

MEDICAL & DENTAL SERVICES

A Woman's Place Ministries

2901 Busch Lake Blvd.

Tampa, FL 33614

Phone: (813) 931-1804

www.awpm.net

A Woman's Place provides total healthcare for women, including pregnancy testing, sonograms, family planning and mental health counseling.

All Children's Hospital Emergency Room

801 6th St. South

St. Petersburg, FL 33701

Phone: (800) 456-4543

Brandon Outreach Clinic

517 N. Parsons Ave.

Brandon, FL 33510

Phone: (813) 654-1388

www.boc.fdn.com

Children's Medical Services

13101 N. Bruce B Downs Blvd.

Tampa, FL 33612

Phone: (813) 396-9696 or 9768

Consult-A-Nurse

5131 Bee Ridge Rd

Sarasota, FL 34233

Phone: (941) 342-1101

www.doctorsofsarasota.com

Dental Clinic

Phone: (813) 238-7725

Open when school is in session 8:00 a.m.- 3:00 p.m.

Erwin Technical Center

2010 East Hillsborough Ave.

Tampa, Fl. 33610

Hillsborough County Dental Research Clinic

2010 E. Hillsborough Ave.

Tampa, FL 33610

Phone: (813) 238-7725

www.hcdrc.com

The Dental Research Clinic provides routine dental care and treatment, including preventive treatment for public assistance clients. Health care plans are subject to co-payments.

Florida KidCare (HCHSS) County Center

601 E. Kennedy Blvd., 14th Floor

Tampa, FL 33602-1110

Phone: (813) 272-5285

www.floridakidcare.org

Florida Medical Clinic

Patient Helpline: (813) 780-8440

17 locations in North Tampa and East Pasco with 25 Specialties.

Urgent Care in Zephyr Hills open evenings, weekends & holidays

Health Center Clinic

Health Centers provide for most Medicaid HMO's, Medicaid, Medicare, Hillsborough County Health Care Plan and self-pay patients. They offer medicine, pediatrics, obstetrics/prenatal, school physicals, immunizations and family planning. There is a social worker on site.

Tampa

3402 N. 22nd St.

Tampa, FL 33605

Phone: (813) 272 6240

North Tampa

1229 E. 131st Ave.

Tampa, FL 33612

Phone: (813) 886-0950

Health Services & Social Services

8900 N. Armenia Ave., # 312

Tampa, FL 33604

Phone: (813) 272-5040

www.hillsborough.org

Health and Social Services offers assistance with utilities, rent, insurance, clothing, shelter, food, burial/cremation, transportation and dental services for qualifying low-income residents. Additional services include case management services, operation of Neighborhood Service Centers, a summer food program, assistance to veterans, consumer protection services and childcare licensing.

Veteran Assistance Homeless Program

10770 N. 46th St., Ste. A-400

Tampa, FL 33617

Phone: (813) 979-3559

www.1.va.gov/homeless

Hillsborough County Public Health Department

1105 E. Kennedy Blvd.

Tampa, FL 33602

Phone: (813) 307-8000

www.hillsboroughcounty.org

Hillsborough County Public Health offers a variety of health services including HIV testing and environmental health services to residents.

Floyd Kelton Health Center

4705 Montgomery Ave. #B

Tampa, FL 33616

Phone: (813) 307-8055

North Hillsborough Health Center

9827 Sheldon Rd

Tampa, FL 33635

Phone: (813) 307-8053

North Hillsborough provides OB, childcare and family planning services. Medicaid accepted.

Plant City Health Center

Phone: (813) 307-8057

University Area Community Health Center

13601 N. 22nd St.

Tampa, FL 33613

Phone: (813) 307-8058

www.hillsboroughhealth.org

University Area offers immunizations, OB, family planning, STD and AIDS testing services.

Hillsborough Health Care County Center

601 E. Kennedy Blvd., 25th Floor

Tampa, FL 33602

Phone: (813) 272-5555

Hillsborough Health Care provides residents that do not qualify for Medicaid with a healthcare plan to receive free health care services.

James A. Haley Veteran's Hospital

Phone: (813) 972-2000

Joyce Ely Health Center

205 14th Ave. S.E. Ruskin, FL 33570

Phone: (813) 307-8056

Joyce Ely provides pediatric, OB and family planning services. Medicaid accepted.

Judeo Christian Health Clinic

4118 N. MacDill Ave.

Tampa, FL 33607

Phone: (813) 870-0395

Judeo Christian offers limited dental treatment and health services, including free eye exams. Routine-check-ups are not available.

Lee Davis Health & Dental Center

Phone: (813) 272-6240

Lifepath Hospice

3010 W. Azelee St.

Tampa, FL 33609

Phone: (813) 877-2200

www.lifepath-hospice.org

Moffitt Cancer Center

Phone: (888) 663-3488

MomCare Hillsborough

Phone: (813) 233-3344

MomCare provides services for women seeking pregnancy health coverage. They provide guidance, education and care coordination services.

Peter Davis Health Center

1402 E. 22nd Ave.

Tampa, FL 33605

Phone: (813) 248-0182

www.tampachc.com

Peter Davis provides for most Medicaid HMOs Medipass, Medicaid, Medicare, Hillsborough County Health Plan and others. They offer adult medicine, pediatrics, OB services, school physicals, immunization and family planning. Social workers are available.

Plant City Family Care

Phone: (813) 349-7600

Pregnancy Care Center

Phone: (813) 978-9737

Sine Domus Health Center

920 N. Governor St.

Tampa, FL 33602

Phone: (813) 227-9227

Phone: (813) 866-0930

Sine Domus provides for most Medicaid HMOs, Medicaid, Medicare, Hillsborough County Health Care Plan and self-pay patients. They offer medicine, pediatrics, obstetrics/prenatal, school physicals, immunizations and family planning. There is a social worker on site. Zip codes they serve include: 33601, 33602, 33605, 33606, 33607, 33608, 33609, 33611, 33616, 33619, 33621, 33629

SunCoast Health Center Pediatrics

Phone: (813) 349-7800

Shriner's Hospital for Children

12502 Pine Dr.

Tampa, FL 33612

Phone: (813) 972-2250

www.shrinershq.org

Tampa Family Health Center

1514 N. Florida Ave.

Tampa, FL 33602

Phone: (813) 490-1957

University Area Community Health Center

13601 N. 22nd St. Tampa, FL 33613

Phone: (813) 307-8058

www.hillsboroughhealth.org

University area offers immunizations, OB, family planning, STD and AIDS testing services.

West Tampa Health Center

Phone: (813) 490-1426

FINANCIAL ASSISTANCE

Family Support Services

Phone: 2-1-1

ACCESS Florida Information Line/DCF

Phone: (866) 762-2237

Lee Davis Neighborhood Service Center

3402 N. 22nd St.

Tampa, FL 33605

Phone: (813) 272-5220

Plant City Neighborhood Service Center

702 W. Alsobrook

Plant City, FL 33563

Phone: (813) 757-3871

Salvation Army Family Services Program

1603 N. Florida Ave.

Tampa, FL 33602

Phone: (813) 226-0055 Ext. 300

Social Security Administration

3415 E. Frontage Rd.

Tampa, FL 33607

Phone: (800) 772-1213

Women, Infants & Children- WIC

Phone: (813) 307-8074

FOOD

Heart, providing low cost boxes of food and hunger relief nationwide in the United States
Customer service 888-819-3745
www.angelfoodministries.com

All Nations Outreach Center

8405 N. 11th St.
Tampa, FL 33604
Phone: (813) 931-1252
www.anotampa.com

Tampa Jewish Family Services

13009 Community Campus Drive
Tampa, FL 33625
Phone: (813) 960-1848
www.tjfs.org

Cook's Hat

801 E. Hillsborough Ave.
Tampa, FL 33604
Phone: (813) 236-6237
www.missiontampa.org

ECHO Emergency Care Help - Brandon

507 N. Parsons Ave.
Brandon, FL 33510
Phone: (813) 685-0935
www.echofl.org

Food Stamps

Phone: (866) 762-2237

Goodwill Industries - Suncoast

10596 Gandy Blvd. North
St. Petersburg, FL 33702
Phone: (727) 523-1512
Toll-free: (888) 279-1988
www.goodwill-suncoast.org

Goodwill Industries provides workforce development and employment programs, five subsidized apartment buildings, work activities centers for adults with developmental disabilities, as well as rehabilitative community corrections facilities. They also keep a stock of affordable clothing, furniture, accessories and household items, including new merchandise.

Hunger Hotline - Florida Association for Community Action

820 E. Park Ave, Bldg. E-200
Tallahassee, FL 32301
Phone: (850) 224-4774
Toll-free: (800) 329-3663
www.faca.org

Hunger Hotline is a statewide information service that directs callers to emergency food resources. They provide details on Food Stamp Centers, government commodities and a variety of meal programs for specific groups. Hotline operators can also refer callers to nearby agencies offering free information on shopping wisely, feeding children on a low income, budget, nutrition for breast feeding mothers, etc.

The Kaye Prox Food Bank, located in Town 'n Country in Tampa, Florida, is an all-volunteer ecumenical organization dedicated to providing emergency food to families in need and to the elderly and homeless in the community 8401 W. Hillsborough Avenue, in Tampa.

Meals on Wheels Tampa

550 W. Hillsborough Ave.
Tampa, FL 33603
Phone: (813) 238-8410
www.mealsonwheelstampa.com

Meals on Wheels of Tampa, Inc. helps homebound individuals of all ages and seniors remain independent by providing meals to the homebound, delivered by volunteers.

Metropolitan Ministries

2002 N. Florida Ave.
Tampa, FL 33602
Phone: (813) 209-1000
www.metromin.org

Metropolitan Ministries provides prevention services and a residential program, Uplift U. The facilities include a residence day care, elementary school and adult training opportunities. There is a full-service kitchen that prepares more than 2000 meals per day 7 days a week and a thrift store that is open 5 days a week, providing clothing for those in need.

St. Anne's Catholic Church

106 11th Ave. N.E .

Ruskin, Florida 33570

Phone: (813) 645-1714

www.saintanneruskin.org

St. Anne's is geared towards families in need of food assistance for homeless and migrant workers in the Ruskin area. It is located behind the church office and distributes food to qualified families in need in its geographical area once a week.

United Food Bank and Services of Plant City

712 E. Alsobrook St., Suite 9

Plant City, FL 33563

Phone: (813) 764-0625

www.uwtb.org

HOMELESS / TRANSITIONAL SERVICES

American Red Cross Tampa Bay Chapter

3310 W. Main St .

Tampa, FL 33607

Phone: (813) 348-4820

Toll-free: (877) 741-1444

<http://www.redcrossbc.org>

American Red Cross provides home delivered meals, food pantries, rides to medical appointments, homeless shelters, transitional housing, caregiver education and support groups, friendly visitors, Lifeline®, hospital/nursing home volunteers, fuel assistance, language banks and other services.

Abe Brown Ministries

2921 N. 29th St.

Tampa, FL 33605

Phone: (813) 247-3285

www.abebrown.org

Abe Brown is a referral agency that identifies churches, organizations and agencies in the community which can provide ex-offenders with basic needs (food, shelter, clothing), housing, education, employment, health care (especially treatment for substance abuse, mental-health, and HIV/AIDS problems), legal assistance and discipleship.

Alpha House of Tampa

201 W. Tampa Ave.

Tampa, FL 33609

Phone: (813) 875-2024

www.alphahouseoftampa.org

Alpha provides housing and supportive services to homeless pregnant women and teens, new mothers and their infants and families experiencing crisis pregnancies. All services, including the residential program, the community service program and the administrative operations, are located at one location. Alpha is licensed by the Department of Children and Families and contracts with Foster Care to provide specialized placement services.

Homeless Recovery Program

2410 N. Tampa St.

Tampa, FL 33602

Phone: (813) 276-2976

Phone: (813) 307-4717

Homeless Recovery offers financial assistance and case management services to the homeless population of Hillsborough County. Eligible participants are offered non-supervised boarding homes, shelter, utilities, food, incidentals, bus passes and referrals to employment programs. Individuals must be able and willing to develop and participate in a plan for self-sufficiency.

Mary and Martha House, Inc.

Phone: (813) 645-7874

Emergency Line: (813) 641-7027

www.maryandmarthahouse.com

Mary and Martha provides emergency shelter, transitional housing and support services to homeless and/or abused women and their dependent children.

River of Grace Ministries

2801 N. Tampa St.

Tampa, FL 33602

Phone: (813) 274-3081

www.riverofgraceministries.org

River of Grace offers overnight sleeping quarters to homeless men. The cost is \$10 a night. Hot breakfast is served fresh every morning, lunches are made daily for the men to take to work and dinner is served every evening during check-in. They require a valid state issued photo identification to enter, no alcohol, drugs, weapons, profanity or disrespect to staff is allowed.

Salvation Army, Hope House

1514 N. Florida Ave.

Tampa, FL 33602

Phone: (813) 226-0055 Ext. 354

www.uss.salvationarmy.org

Hope House is a two-year, 43-bed transitional housing program for homeless men who are working. Residents are provided with access to semi-private rooms, donated clothing for school and job interviews, weekly counseling, skills training, self-help programs and job placement assistance.

Salvation Army, Hospitality House

1603 N. Florida Ave.

Tampa, FL 33602

Phone: (813) 226-0055 Ext. 297

www.uss.salvationarmy.org

Hospitality House is a 44-bed transitional housing program for homeless women and children. The Salvation Army helps these families make the transition from homelessness to independent living, assisting with basic needs and offering them access to necessary skills and services. They provide three meals a day, semi-private rooms, quality donated clothing for school and job interviews, weekly counseling, skills training, self-help programs and job placement assistance. Complimentary daycare is provided for mothers with young children.

Red Shield Lodge

1514 N. Florida Ave.

Tampa, FL 33602

Phone: (813) 221-4440

www.uss.salvationarmy.org

The Salvation Army's Red Shield Lodge is the only emergency shelter in Hillsborough County that is open 365 days a year. Sober homeless adult men and women who have no place to go can stay in the 125-bed Lodge for up to 5 nights for free. After 5 nights, there is a charge of \$10 per night. Homeless individuals can stay at the Lodge for a total of 45 days in a calendar year. Support and referral services are available to those who wish to use them and there are Transitional Living Programs.

Adult Rehabilitation Center of the Salvation Army

13815 N. Salvation Army Lane

Tampa, Florida 33613

Phone: (813) 972-0471

www.satampa.org

The Salvation Army's Adult Rehabilitation Center provides training in job skills, individual and group counseling. Each in-residence program provides regular meals, medical check-ups and Alcoholics Anonymous programs. The centers are open to all men who have an identifiable and treatable handicap regardless of race, color or religious belief.

Tampa Crossroads (Offender Services)

5120 N. Nebraska Ave.

Tampa, FL 33603

Phone: (813) 238-8557 Ext. 401

www.tampacrossroads.com/index.htm

Tampa Crossroads helps individuals recover from drugs or alcohol. There is a residential long-term treatment that provides help to individuals with drug addiction problems. Clients live at the drug rehab center for an extended period of time, often 30 days or more. Pregnant/postpartum women's treatment services include many of the same protocols that regular drug addiction treatment utilizes, including detoxification, drug abuse education, as well as individual and family counseling.

Turning Point of Tampa

6227 Sheldon Rd

Tampa, Florida 33615

Phone: (813) 882-3003

Toll-free: (800) 397-3006

www.tpoftampa.com

**HOUSING / HOUSING
COUNSELING**

**City of Tampa Department of Code Enforcement /
Human Rights and Community Services**

102 E. 7th Ave.

Tampa, Florida 33602

Phone: (813) 274-5835

Code Enforcement responds to complaints from citizens, peer-to-peer groups and other agencies. Systematic inspections are also performed throughout the city in an effort to keep developing situations from becoming worse. They also regulate rental properties throughout the city by certifying that landlords comply with the Florida State Minimum Housing Standards.

SouthShore Regional Service Center

410 30th St., S.E.

Ruskin, FL 33570

Phone: (813) 641-6946

Hillsborough County's Code Enforcement Department enforces the Land Development Code, the Minimum Standards Ordinance and the condemnation of dangerous structures. Code Enforcement also administers the False Alarm Ordinance 04-16, which collects fines from property owners with false security alarms. They also do damage assessment after a disaster, including initial safety assessment, pre-staging with tactical search and rescue teams, development of damage assessment survey and condemnation and demolition of unsafe structures.

Hillsboro County Community Improvement

9260 Bay Plaza Blvd., # 510

Tampa, FL 33619-4458

Phone: (813) 744-5557

Hillsborough County Community assists the citizens of Sanford in keeping their neighborhoods in compliance with city codes and properties codes.

Consumer Credit Counseling Service

5421 Beaumont Center Blvd., Ste. 600

Tampa, FL 33634

Phone: (800) 984-0977

www.cccsfl.org

Consumer Credit Counseling Service provides guidance in managing your budget or credit, seeking bankruptcy assistance through pre-filing counseling, pre-discharge education and other financial services. Counseling is available in person, by phone, or online, in English and Spanish.

Affordable Housing Office

1208 Tech Blvd., 300

Tampa, FL 33619

Phone: (813) 274-6600

Affordable Housing works to reduce barriers and find efficient and effective ways of providing affordable housing in Hillsborough County. There are 24 members on the Task Force representing each jurisdiction and other multiple perspectives in the affordable housing arena.

**LOW-INCOME LEGAL
SERVICES**

**Gulf Coast Legal Services Family Justice Center
Floriland Mall**

9309 N. Florida Ave.

Tampa, FL 33612

Phone: (813) 490-9410

www.gulfcoastlegal.org/tampa

Gulfcoast Legal Services is "dedicated to providing high-quality legal services to protect personal safety and to establish, advance and protect the rights and interests of low income persons to health, basic shelter, income and quality of life."

Tampa Personal Resources

COUNSELING AND MENTAL HEALTH

TeenLink

One Crisis Center Plaza

Tampa, FL 33613

Phone: (813) 236-8336

Toll-free: (888) 236-8336

www.southflorida.com/specialsection/teenlink

Crisis Clinic provides a confidential and accessible place teens can call to talk about their concerns.

Y.M.C.A.

Tampa Metropolitan Area

110 E. Oak Ave.

Tampa, FL 33602

Phone: (813) 224-9622

www.tampaymca.info

Tampa Metropolitan operates 12 membership centers, 45 after-school locations, an urban teen case-work training and employment program, a 100-acre day camp and multiple community development programs. Call for the nearest location.

Mental Health Care, Inc.

5707 N. 22nd St.

Tampa, FL 33610

Phone: (813) 272-2244

www.mhcinc.org

Mental Health offers 24-Hour emergency care, affordable housing, assessment, case management, counseling, crisis intervention, early intervention, employment assistance, inpatient care, medication management, mobile crisis response team, prevention and education, psychiatric care, residential treatment and skills acquisition training.

Catholic Charities Diocese of St. Petersburg

1213 16th St. N.

St. Petersburg, FL 33705

Phone: (727) 893-1313

www.ccdosp.com

Catholic Charities assists families in accessing childcare, health care, employment and financial assistance and other social services.

Crisis Center of Tampa Bay

One Crisis Center Plaza

Tampa, Florida 33613

211-Crisis Hotline

Phone: (813) 964-1964

Phone: (813) 234-1234

www.crisiscenter.com

Crisis Center offers crisis and suicide intervention and community resource referral, daily reassurance phone calls to the home-bound elderly or disabled, short-term economic assistance with case management, protective travel assistance, medical and/or mental health patient transportation, sexual abuse counseling for children and adults, forensic medical exams for sexual assault survivors, continuing education events and volunteer opportunities.

PARENTING SERVICES

ABC Program

110 E. Oak Ave.

Tampa, FL 33602

Phone: (813) 226 2301

The ABC Program provides three classes designed to help women and their partners through the pregnancy, childbirth and infant parenting experience. Classes offered are Childbirth Education, Breast Feeding Basics, and Infant Parenting. Classes are given in a variety of locations throughout Hillsborough County.

Brandon Family Support & Resource Center

1277 Kingsway Rd
Brandon, FL 33510
Phone: (813) 740-4634

Brandon Family offers prenatal classes, mobile clinic services, tutoring, job skill training, car seat safety, Child Developmental Play Groups, Parent-to-Parent Support Groups, developmental screenings, GED classes with childcare, ESOL classes with childcare and FCAT preparation.

Central Tampa Family Support & Resource Center

1002 E. Palm Ave.
Tampa, FL 33605
Phone: (813) 204 1741
www.familysupporthc.org

Central Tampa provides childbirth and breastfeeding classes, child developmental play groups, parent-to-parent support groups, parenting education classes, parent-and-child activities, swap meets and pot-luck dinners, family health and safety information. Also, GED & ESOL classes, fatherhood groups, job skill training, teen programs and tutoring.

Fathers Resource & Networking Center (FRANC)

3108 W. Azelee Street
Tampa, FL 33609
Phone: (813) 204-1741

FRANC works to provide fatherhood initiatives, activities and services. The mission of FRANC is to make available resources, support, information and education to enable dads to address the challenges of positive fathering and involvement with their children. They serve all fathers; married, single, divorced, foster, surrogate and expectant, as well as mentors.

Federation of Families for Children's Mental Health

13301 Bruce B. Downs Blvd., Rm 2514
Tampa, FL 33612
Phone: (813) 974-7930
www.fcmh.org

Federation provides a resource library, support groups, advocacy alerts, quarterly family events, training and education for children and youth with mental health challenges and their families.

North Tampa family Support & Resource Center

1401-A E. Fowler Ave.
Tampa, FL 33612
www.familysupporthc.org

North Tampa offers prenatal classes, mobile clinic services, tutoring, job skill training, car seat safety, child developmental play groups, parent-to-parent support groups, developmental screenings, GED classes with childcare, ESOL classes with childcare and FCAT Preparation.

Sylvia Kimbell Full Service School Parent Resource Center

2100 E. 26th Ave.
Tampa, Florida 33605
Phone: (813) 272-0673
Fax: (813) 272-3427
www.sdhc.k12.fl.us

Sylvia Kimbell provides information on schools, community services, family resources and educational management. Their Quarterly Parent Informer Newsletter is available online. Classes in Adult Basic Education and preparation for the GED Examination are offered and childcare is available for those who qualify for Head Start.

Parentlink Information Helpline

Phone: (813) 272 7368

Parent Education Center

1701 N. Blvd.
Tampa, FL 33607
Phone: (813) 272-0665

The Center serves as a friendly place for parents to receive school information and learn more about the school system and its services. They assist parents in joining School Advisory Committees, PTA/PTSA, or other school related organizations, bring together teachers, parents and administrators to hold neighborhood parent meetings; coordinate workshops on due process, parental rights and responsibilities and other pertinent issues relating to improving home, school and community relations; coordinate program activities among Adult & Community Education, Full Service Schools and School Readiness programs and help facilitate meaningful parent/teacher conferences.

Parent Services Project (Program Offered by Child Abuse Council)

3108 W. Azelee St.

Tampa, FL 33609

Phone: (813) 673-464

www.child-abuse-council.org

Parent Services Project is a family involvement and support program offered through participating Childcare Centers in Hillsborough County in collaboration with the Children's Board of Hillsborough County. PSP coordinators help parents plan activities and gatherings for families enrolled in their childcare centers. The Council's primary goal is to offer preventative services and support to all families to help meet the growing demands and stresses of being a parent in today's world.

Plant City Family Support and Resource Center

809 W. Renfro St.

Plant City, FL 33563

Phone: (813) 764-0694

www.familysupporthc.org

Plant City offers Prenatal Classes, mobile clinic services, tutoring, job skill training, car seat safety, child developmental play groups, parent-to-parent support groups, developmental screenings, GED classes with childcare, ESOL classes with childcare and FCAT Preparation.

Ruskin Family Support and Resource Center

201 14th Ave. S.E.

Ruskin, FL 33570

Phone: (813) 641-5600

www.familysupporthc.org

Ruskin Family Support provides childbirth and breast-feeding classes, child developmental play groups, parent-to-parent support groups, parenting education classes, parent-and-child activities, swap meets and pot-luck dinners, family health and safety information. Also, GED and ESOL classes, fatherhood groups, job skill training, teen programs and tutoring.

Town & Country Family and Resource Center

7520 W. Waters Ave., #8

Tampa, FL 33615

Phone: (813) 356-1703

www.familysupporthc.org

Town & Country provides childbirth and breast-feeding classes, child developmental play groups, parent-to-parent support groups, parenting education classes, parent-and-child activities, swap meets and pot-luck dinners, family health and safety information. Also, GED & ESOL classes, fatherhood groups, job skill training, teen programs and tutoring.

ABUSE - CHILD AND ADULT

The Spring of Tampa Bay, Inc.

Phone: (813) 247-7233

The Spring of Tampa Bay, Inc. is a United Way agency, a state-certified domestic violence service provider and is nationally accredited by the Council on Accreditation for Children and Family Services (COA). The Spring's Child-care Center is nationally accredited by the National Association for the Education of Young Children (NAEYC). Emergency shelter, children's services, transitional housing, outreach services, child welfare and youth education services are available.

ALCOHOL AND DRUG ABUSE

National Clearinghouse for Alcohol and Drug Information (NCADI)

Phone: (800) 729-6686

NCADI is a national, 24 hour, 7-day-a-week resource for information about substance abuse prevention and treatment. NCADI distributes the latest studies and surveys, guides, videocassettes and other types of information and materials on substance abuse from various agencies, such as the U.S. Departments of Education and Labor, the Center for Substance Abuse Prevention, the Center for Substance Abuse Treatment, the National Institute on Alcohol Abuse and Alcoholism, and the National Institute on Drug Abuse. Information specialists are available to recommend appropriate services and information in Spanish and English.

Comprehensive Information and Referral Services

Information Hotline: 211

Phone: (727) 210-4233

2-1-1 Pinellas is the helpline for human service information and referral and crisis intervention assistance in Pinellas County.

CVM-Pinellas Community Voice Mail

(Offered through Tampa Bay Cares, Inc.)

50 S. Belcher Rd., Ste. 116

Clearwater, FL 33765

Phone: (727) 210-4233

www.cvm.org

The Pinellas Community Voice Mail program is part of the national network of CVM sites distributing free 24-hour voice mail nationwide, directly linking individuals to jobs, housing, safety and stability.

2-1-1 HELPLINES

Lifeline

Phone: (800) SUICIDE

Phone: (800) 273-TALK

Lifeline is a member of the National Suicide Prevention Lifeline. Crisis and counseling calls are answered by 2-1-1 Tampa Bay cares from local callers.

Cold Night Shelter Hotline

Phone: 2-1-1

In partnership with the Pinellas County Coalition for the Homeless, is responsible for calling local agencies on nights when the outside temperature drops below 40°F to alert them that their shelters will open for homeless individuals needing to sleep in a warm location for the evening.

Prosperity Campaign

Phone: 2-1-1

Prosperity Campaign provides information to local 2-1-1 callers in need of free income tax preparation assistance and earned income and child tax credit information (EITC).

Give Kids A Smile

Phone: 2-1-1

In partnership with the Pinellas County Dental Association, from late December through mid February of each year, callers receive information on where children are able to register for free dental work during the month of February.

Safe Start Partnership Hotline

Phone: 2-1-1

Safe Start sends informational Safe Start Partnership materials through the mail to local families concerning the effects of children exposed to violence.

After Hour Services

Phone: 2-1-1

Provides after-hours services for local hotlines, agencies and programs. If you are interested in 2-1-1 TBC providing after-hours for your business, please call 727-210-4240. Currently 2-1-1 TBC provides after-hours for the following businesses: 2-1-1 Pasco, 2-1-1 Manasota, CASA and Senior Helpline.

Volunteer Opportunities

StandUp for Kids

Phone: (800) 365-4KID

www.standupforkids.org

Through StandUp for Kids, volunteers can serve homeless youth by working with the Outreach Center, the Don't Run Away Program, the Street Outreach Program or the Transitional Living Program.

SHARE Florida Food Network

1405 E. 2nd Ave.

Tampa, FL 33605

Phone: (800) 536-3379

Phone: (813) 248-3379

www.shareflorida.org

SHARE works to build and strengthen communities through volunteer service, while offering savings on high-quality food.

LifePath Hospice & Palliative Care, Inc.

South Tampa Community Resource Center

3010 W. Azeele St.

Tampa, FL 33609

Phone: (813) 877-2200

Toll-free: (800) 209-2200

www.lifepath-hospice.org

LifePath provides care and relief to those suffering from life-limiting illnesses and end-of-life issues.

SERVE Volunteers in Education

3111 W. Tampa Bay Blvd.

Tampa, FL 33607

Phone: (813) 872 5254

www.servevolunteers.org

SERVE is the official volunteer arm of the School District of Hillsborough County. They seek to increase student achievement and enhance the educational experience by providing community volunteers to support Hillsborough County educators.

Smoking Cessation

The Moffitt Cancer Center University of South Florida

12902 Magnolia Dr.

Tampa, FL 33612

Phone: (888) 860-2778

Phone: (813) 745-1751

www.moffitt.org

Free or low cost (\$5-\$25) smoking cessation programs to develop and test new and improved methods to quit smoking. Programs vary depending on the particular research study and with respect to the qualifications of the smoker. Call to schedule a free, no-obligation informational meeting to find out who qualifies for current programs.

Freedom from Smoking: An American Lung Association Program

Phone: (800) LUNG-USA

TTY Line: (800) 501-1068

www.lungusa.org

The American Lung Association has developed an eight-session group program offering information and support to quit smoking. Contact your local hospital to learn about locations and schedules. Program fee varies. They also provide a free online cessation smoking program, Freedom from Smoking Online.

St. Joseph's Hospital

ALA Freedom from Smoking Program

3001 W. Dr. Martin Luther King Jr. Blvd.

Tampa, FL 33607

Phone: (813) 870-4808

www.sjbhealth.org

St. Joseph's Hospital also offers free one-hour smoking cessation presentations every month.

University Community Hospital

ALA Freedom from Smoking Program

3100 E Fletcher Ave.

Tampa, FL 33613

Phone: (813) 615-7377

www.uch.org

Hillsborough County Health Department

Phone: (813) 307-8015 Ext. 6602

www.hillscountyhealth.org

The Department offers a free, four week, one day per week Smoking Cessation Course. It was designed by the American Cancer Society and is sponsored through STEPS for a Healthier Hillsborough University of South Florida, USF Health. Call for your local center.

Hillsborough County Anti-Drug Alliance

Phone: (813) 974-5377

Phone: (813) 350-7918

www.hcada.com/tampatac

Hillsborough offers a Youth Tobacco Awareness Program, a Students Working Against Tobacco Program and a Youth Tobacco Offender Class.

AHEC Area Health Education

Phone: (813) 929-1000

www.flahec.org

www.health.usf.edu/ahec

AHEC offers free Tobacco Cession counseling at Community Health Centers.

**ONLINE RESOURCES
FOR SMOKING CESSATION**

American Cancer Society
www.cancer.org

American Legacy Foundation
www.americanlegacy.org

American Lung Association
www.lungusa.org

Center for Disease Control
www.cdc.gov

Florida Department of Health
www.doh.state.fl.us

Florida Tobacco Control Clearinghouse
www.ftcc.fsu.edu

Quitline Resource
www.flquitline.com

Qwitter
www.qwitter.tobaccofreeflorida.com

Tobacco Free Florida
www.tobaccofreeflorida.com

RECREATIONAL RESOURCES

Recreational Resources

Sunshine Dragstrip

4500 Ulmerton Rd.

Clearwater, FL 33762

Phone: (727) 573-4598

www.sunshinedragstrip.com

Sunshine Dragstrip features auto racing and driving by various professionals, super professionals, street drivers and motorcycle divisions.

Canoe Escape

9335 E Fowler Ave.

Thonotosassa, FL 33592

Phone: (813) 986-2067

www.canooescape.com

Canoe Escapes offers canoe and kayak trips along the nature preserve, downstream on the Hillsborough River. Two adults and two children can be accommodated in each canoe or kayak. Prices include life gear, paddles, transportation to and from the park and introductory instructions. Reservations are encouraged.

Grand Prix Tampa

14320 N. Nebraska Ave.

Tampa, FL 33613

Phone: (813) 977-6272

www.grandprix Tampa.com

Grand Prix Tampa features The Big Track, one of the largest go-kart tracks in the country, and The Family Track, suited for the younger racer. They have 9 batting cages, ping-pong, a turbo bungee, 2 state-of-the-art arcades and the Pit Stop Café & Pub.

Ice Sports Forum

10222 Elizabeth Place

Tampa, FL 33619

Phone: (813) 684-7825

www.theicesportsforum.com

Ice Sports Forum offers public skating, skate and hockey lessons and leagues for adults and youths. The 85,000 square-foot facility includes 2 NHL regulation ice rinks

and a state-of-the-art laser tag arena, capable of hosting up to 24 players as part of party packages, team building exercises and walk-ups. It features Centerline Café, Power Play Grill & Pub, a game room, a full line pro shop, a mezzanine and a conference room. Ice Sports is available for private functions including group, corporate and birthday events.

Buccaneer Bay

US-19

Brooksville, FL 34613

Phone: (352) 596-2393

www.weekiwachee.com

Buccaneer Bay is a theme park featuring pools and water rides and slides. Opening dates and times are subject to change, call for details.

Busch Gardens

3000 E. Busch Blvd.

Tampa, FL 33612

Phone: (813) 987-5082

www.4adventure.com

www.buschgardens.com

Busch Gardens features animal attractions, shows, a safari, roller coaster rides for adults and children, a multi-story family play area and live entertainment. Florida residents pay discounted prices. Hours are subject to change, call for details.

Florida State Fair

4800 Highway 301 N.

Tampa, FL 33610

Phone: (813) 621-7821

Phone: (800) 345-FAIR

www.floridastatefair.com

Florida State Fair features rides, vendors, arts and crafts, livestock, food, concerts and a variety of year-round events. Call for date and pricing details.

Florida Strawberry Festival

2202 West Reynolds St.

Plant City, FL 33563-4706

Phone: (813) 752-9194

www.flstrawberryfestival.com

Florida Strawberry Field features exhibits of agriculture, commerce, industry, livestock, fine arts, horticulture and crafts. There are events celebrating ethnic traditions, competitive contests, youth developmental programs, concerts, bands and parades. The offices are open year-round, but call for festival dates.

Bay Area Renaissance Festival

4801 E. Fowler Ave.

Tampa, FL 33617

Phone: (800) 779-4910

Bay Area Renaissance Festival is based on a 16th century Elizabethan village and will feature performances, food, crafts, people and music. Call for dates and details.

Air Fest 2009 (MacDill Air Force Base)

8208 Hanger Loop Dr., Ste. 14

MacDill Air Force Base, FL 33621

Phone: (813) 828-2215

www.macdill.af.mil

www.macdillsairfest.com

Air Fest is one of the largest air shows in the Departments of Defense. It features United States aerial maneuver shows, car shows, displays, weapons and a food booth. Call for details.

Heritage Park

11909 125th St.

Largo, FL 33774

Phone: (727) 582-2123

www.pinellascounty.org/heritage

Heritage Park is an open-air museum, including a school house, train depot, store and a variety of historical structures. The museum also has a 3500-volume library with special collections, containing historical photos and maps, and The Daniel McMullen home exhibits weaving, quilting and other crafts year-round. Admission is free, but donations are welcomed.

St. Petersburg Museum of History

335 Second Ave. N.E.

St. Petersburg, Florida 33701

Phone: (727) 894-1052

www.spmoh.org

St. Petersburg Museum of History works to collect, preserve and communicate the history and heritage of Florida with emphasis on St. Petersburg and the Pinellas Peninsula. The museum features changing exhibits and an extensive archive of historical photos. It offers views of the marina and downtown St. Petersburg's.

Museum of Science and Industry

4801 E Fowler Ave., Ste. 100

Tampa, FL 33617

Phone: (813) 987-6315

www.mosi.org

Museum of Science and Industry is the largest science center in the southeast. It is a community-based institution and educational resource that works to advance public interest, knowledge, and understanding of science, industry and technology. It offers a large variety of interactive exhibits for a variety of ages and houses an IMAX theater.

E. G. Simmons Regional Park

2401 19th Ave., N.W.

Ruskin, FL 33570

Phone: (813) 671-7655

www.site.ruskinonline.com

E.G. Simmons offers picnicking, swimming, boating, fishing and modern facilities for overnight camping. You must register with the office before taking a campsite and provide your own camping equipment. Sleeping in cars is not allowed. Hours are seasonal, call for details.

Weeki Wachee Springs

US-19

Brooksville, FL 34613

Phone: (352) 596-2062

www.weekiwachee.com

Weeki Wachi Springs offers swimming areas, animal shows and riverboat rides down the Weeki Wachee River and into Old Florida. The springs feature a variety of animal life, like peacocks, turtles, fish, manatees, otters

and alligators. Children and adults can watch mermaids swim alongside the sea life and even swim in the spring themselves, with the new Sea Diver Program. There is also a Mermaid Camp for children. Times and schedules are subject to change, call for details.

Sarasota Classic Car Museum

550 N. Tamiami Trail

Sarasota, FL 34243

Phone: (941) 355-6228

www.sarasotacarmuseum.org

The museum features over 100 cars, spanning an array of decades, trends and models. It is open everyday except Christmas, 9am to 6pm.

Old Hyde Park Village

1509 W. Swann Ave.

Tampa, FL 33606

Phone: (813) 251-3500

www.oldhydepark.com

Old Hyde Park Village features stores, boutiques and restaurants. They also offer monthly concerts, semi-annual Art Festivals and other festivals throughout the year. Check website or call for store events, activities and special offerings.

Sunken Gardens

1825 4th St. N.

St. Petersburg, FL 33704

Phone: (727) 551-3102

www.stpete.org/sunken

Sunken Gardens features a 100 year-old garden, home to some of the oldest tropical plants in the region and from around the world. There are cascading waterfalls, demonstration gardens, more than 50,000 tropical plants and flowers and a butterfly garden. Sunken Gardens provides garden tours and horticultural programs. They also cater to special events, field trips, weddings, private and corporate rentals.

St. Petersburg Pier

800 2nd Ave. N.E.

St. Petersburg, FL 33701

Phone: (727) 821-6443

Phone: (727) 821-6164

www.stpete-pier.com

St. Petersburg Pier offers fishing, boat rentals, weekly festivals, shopping, dining and nightlife. It also features an inverted pyramid overlooking Tampa Bay. The Pier is open 365 days a year. Attractions and restaurant hours vary, call for details.

The Pier Aquarium

800 2nd Ave. N.E.

St. Petersburg, FL 33701

Phone: (727) 895-7437

www.pieraquarium.org

The Pier Aquarium features a hands-on education station, a touch tank, interactive and live animal exhibits and a fully functional outdoor marine lab on Spa Beach. They are open everyday except Christmas.

Mote Marine Science Aquarium

1600 Ken Thompson Parkway

Sarasota, Florida 34236

Phone: (941) 388-4441

Phone: (800) 691-MOTE

www.mote.org

Mote Marine Science Aquarium features touch pools, sharks, dolphins, manatees, sea turtle exhibits and over 100 other species of marine life. They have viewable working labs and high-tech interactive exhibits showcasing the Mote Marine Laboratory's research. The Aquarium is open 365 days a year. General admission includes access to Mote Aquarium, the Ann and Alfred E. Goldstein Marine Mammal Center and Immersion Cinema.

SunCoast Seabird Sanctuary

18328 Gulf Blvd.

Indian Rocks Beach, FL 33785

Phone: (727) 391-6211

Phone: (727) 391-2473

www.seabirdsanctuary.org

Suncoast Seabird Sanctuary is the largest wild bird hospital and bird sanctuary in the United States, based on the admission of up to 10,000 birds per year. They rescue, repair & rehabilitate injured birds and then release them back into nature. There are free tours every Weds and Sun at 2pm. The Sanctuary is open 365 days a year, from 8am to dusk. Admission is free.

StarLite Cruises

*Clearwater Marina
25 Causeway Blvd., Slip 58
Clearwater Beach, FL 33767
Phone: (727) 367-7804
www.starlitecruises.com*

StarLite Cruise offers dining, dancing and entertainment. The boarding fee is \$22.90+tax, lunch or dinner is paid for onboard the ship. StarLight provides services for sightseers, weddings, wedding receptions, group functions, special events, birthdays, anniversaries and banquets. Call for details.

Sarasota Jungle Gardens

*3701 Bay Shore Rd.
Sarasota, FL 34234
Phone: (941) 355-1112
www.sarasotajunglegardens.com*

Sarasota Jungle Gardens offers 10 acres of tropical vegetation, winding jungle trails and educational bird and reptile shows. Their Kiddie Jungle features a tree house, a haunted tree, tiger swings, a slide and a custom wooden train for children.

Homosassa Springs Wildlife State Park

*4150 S. Suncoast Blvd.
Homosassa, Florida 34446
Phone: (352) 628-5343
www.homosassasprings.org*

Homosassa Springs showcases native Florida wildlife, including manatees, black bears, bobcats, white-tailed deer, American alligators, American crocodiles and river otters. Recreational opportunities include picnicking, nature study and bird-watching. The park features a children's education center, providing hands-on experiences about Florida's environment, two gift shops and a café.

Tampa Bay Downs

*11225 Race Track Rd.
Tampa, FL 33626
Phone: (813) 855-4401
www.tampabaydowns.com*

Admission to grand stand is free during weekdays, \$2 on weekends and \$3 daily for admission to the clubhouse. Seasonal operation, call for details.

Hillsborough River State Park

*15402 N. US Hwy 301
Thonotosassa, Florida 33592
Phone: (813) 987-6771
www.floridastateparks.org*

Hillsborough River offers campfire programs, park ranger exercises, tram rides, guided canoe trips, a café, camping and other various activities.

Sand Key Park

*1060 Gulf Blvd.
Clearwater, FL 33767
Phone: (727) 588-4852
Phone: (727) 464-3347
www.pinellascounty.org*

Key County Park offers two large beach and park areas, with two picnic shelters and grills, a playground and restrooms. They also feature a dog park, cabana rentals, beach wheel-chairs, outdoor shower towers and bath houses with separate changing stalls. A lifeguard is on duty seasonally. Open daily from 7am to dusk. Admission is free.

Side Splitters Comedy Club

*12938 N Dale Mabry Hwy.
Tampa, FL 33618
Phone: (813) 960-1197
www.sidesplitterscomedy.com*

Side Splitters features live stand-up comedy and on-going open-mic events. They are open Thurs to Sun. Dates, times, cover charges and performers are subject to change, call for details.

Sebastian Internet Café

*2727 Ulmerton Rd., #100
Clearwater, FL 33762
Phone: (727) 573-1343
www.sebastiansinternetcafe.com*

Sebastian Internet Café offers free Wi-Fi access and breakfast, lunch and dinner foods. They provide corporate accounts and catering services.

Boba Internet Café

2764 University Sq. Dr.

Tampa, FL 33612

Phone: (813) 866-8569

Boba Internet Café specializes in a variety of bubble teas. They offer free Wi-Fi, an X-box console, coffees, teas, fruit flavored slushies and pastries.

Improv Comedy Center

1600 E. 8th Ave.

Tampa, FL 33605

Phone: (813) 864-4000

Tampa Improv Comedy Club is open Wed to Sun. Show-times and cover charges vary, call for details.

Coconuts Comedy Clubs

www.coconutscomedyclubs.com

Coconuts features a wide array of stand-up comedy, show-casing comics and performers from the Florida region and all over the world. Dates, times, cover charges and performers vary, call for details.

St. Petersburg Tradewinds Sandpiper Resort

6000 Gulf Blvd.

St. Petersburg, FL 33706

Phone: (727) 360-5653

200 1st Ave. S.

St. Petersburg, FL 33701

Phone: (727) 360-5653

Clearwater

2950 Gulf-to-Bay Blvd.

Clearwater, Florida 33759

Phone: (727) 797-5653

Jimmy B's Beach Bar

6200 Gulf Blvd.

St. Petersburg, FL 33706

Phone: (727) 367-1902

www.beachcomberflorida.com

Jimmy B's Beach Bar is located directly on the beaches of Beachcomber Beach Resort Hotel, near the Gulf of Mexico. It features daily live entertainment and there is no cover charge.



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www.tbisuccess.com